



FARMINGTON HILLS/FARMINGTON
COMMISSION ON CHILDREN, YOUTH AND FAMILIES

**FAMILY ORIENTED ACTIVITIES AND RESOURCES
FEBRUARY 2012**

CELEBRATE AFRICAN-AMERICAN HISTORY MONTH – all of February,

- Color quilt patterns like those on the underground railroad, check out a book from the Underground railroad display, Main Farmington Community Library, Children's Department,
- **SPECIAL EXHIBIT – ART SHOWING THE LEGEND OF JOHN BROWN – now through February 27**
22 silkscreen prints about abolitionist John Brown by African American artist Jacob Lawrence, Main Library

Info on these programs available – Farmington Community Library, Children's programs 248.848.4315 and Adults 238.553.6880 or <http://www.farmlib.org>

NATURE CENTER WEEKLY WINTER ACTIVITIES – Tuesdays and Thursdays, now – 3/1

- Tuesdays is a story and making a craft – 2pm
- Thursdays is viewing nature films – 11 am

Program is for all ages, attendance on a drop in basis, the programs on either day are free, Heritage Park Nature Center, Heritage Park on Farmington Road north of 10 Mile Road, Info: 248.477.1135 or <http://www.fhgov.com>

PLYMOUTH HISTORICAL MUSEUM – 1- 4 pm, Wednesday, Friday and Sunday, the current exhibit now through June 17.

“World War II at home” a display of memorabilia about how it was in the US during the war, admission is \$5 adults, \$2 for students age 6 – 17, 155 S. Main Street downtown Plymouth, Info: 734.455.8940

SCHOOLCRAFT COLLEGE CULTURAL EVENT - Wednesday, February 8, noon

Concert featuring the Motor City Brass Quintet, free (donations are accepted)
VisTaTech Center, Presentation Room, Haggerty Rd., Livonia, Info and tickets:
734.462.4403 or <http://www.schoolcraft.edu/webcalendar>

FARMINGTON AFRICAN AMERICAN PARENT NETWORK (FAAPN) – Monday, February 16, 7 pm

Black History Month event (program to be announced), FAAPN meetings are at 7 pm in the Harrison High School Media Center

LABYRINTH WALKS – Thursday, February 19, 2 – 4-pm

Life Coach Kathy Igos, guides participants through the indoor walk and a positive living workshop, (Future walks – March 18 and April 15) Costick Center, fee is \$22 for Residents and \$25 NR, includes creating a Vision Board with provided materials,

register at the Costick Center or at <http://www.recreg.fhgov.com>

SENSORY-FRIENDLY FILMS – Saturday, February 25, 10 am

The Autism Society and the AMC Theaters will screen the film “The Secret World of Arriety” the theater provides an interactive setting and parents may bring special needs food, there will be no advertisements or previews and patrons are free to speak and move about in the theater auditorium, AMC theater at 19500 Haggerty Rd., Livonia, Info: <http://www.autism-society.org/sensory-friendly-films>

VOTE – PRESIDENTIAL PRIMARY - Tuesday, February 28, 7 am – 8 pm

Voter’s Information: Farmington Hills Residents City Clerks Office, 248.871.2410 and Farmington Residents City Clerk Office 248.474.5500, ext. 2225

**GRANDPARENTS IN ACTION – Second Tuesday of each month, 6:30 -7:30 pm
2/14, 3/13, 4/1 5/8 and 6/12)**

Open discussions among grandparents involved fully or partially in raising grandchildren to share issues and techniques, resources and tips in dealing with the school and community institutions, 10 Mile Building, 32789 10 Mile Road, Info: Marybeth Sikora at 248.426.4876 or email marybeth.sikora@farmington.k12.mi.us

YOUTH RECOGNITION AWARDS - Applications due by Monday, February 27

Sponsored by Farmington Youth Assistance, applications and eligibility criteria available in the Farmington High School Counseling Offices

CPR TRAINING FOR FARMINGTON SCHOOL STUDENTS – the four hours training is offered in various sessions at the three high schools, noon to 4 pm, schedules and other Info: Farmington Public School Community Relations Office 248.489.3349

PARENTING EDUCATION FAIR – Saturday, March 3, 8:30 am – 2 pm (register on line until Friday, February 24

Hear Jim Fay author of “ Parenting with Love and Logic” with breakout sessions on a variety of parenting issues, health information, a tuition expedition drawing, child care services available and the movie “Race to Nowhere”, fee is \$12 per person if preregistered or \$15 at the door, Walled Lake Northern High School, 6000 Bogie Lake Road, Commerce Twp. Info: 248.956.3380 or <http://www.wlcsd.org> click on Parenting Fair in the center of the home page

CELBRATE NATIONAL “GO RED DAY” – Friday, February 3, 10 am – noon

Enjoy a free women’s heart health program featuring answers to your questions by a cardiologist, an aerobics workout, prize drawings, free giveaways and lunch, Garden City Hospital Medical Office Building, 6245 Inkster Road, Info: 734.458.3248 or <http://www.gchosp.org>

INFORMATION WEBSITES

These sites are for information only and are not evaluated or endorsed by the Farmington Hills/Farmington Commission on Children, Youth and Families

PROVIDES DIAPERS FOR THE NEEDY - <http://www.detroitareadiaperbank.org>

STRESS AND MIND BODY HEALTH INFO- <http://www.apa.org/helpcenter>

VOLUNTEER RESOURCES – <http://www.createthegood.org>

AMERICAN HEART ASSOCIATION WOMEN'S HEALTH INFO –
<http://www.goredforwomen.org>

SOME DATES IN FEBRUARY

SUNDAY, 2/12
TUESDAY, 2/14
MONDAY, 2/20
WEDNESDAY, 2/22

ABRAHAM LINCOLN'S BIRTHDAY
VALENTINES' DAY
PRESIDENT'S DAY
GEORGE WASHINGTON'S BIRTHDAY
& ASH WEDNESDAY