

**Minutes**  
**FARMINGTON AREA COMMISSION ON AGING**  
**Costick Center, 28600 11 Mile, Farmington Hills, MI**  
**5:30pm, October 25, 2016**

**CALLED TO ORDER BY:** N. Cook at 5:35

**MEMBERS PRESENT:** Marsha Koet Senior Div. Liaison, Maureen McCarthy, Mary Buchan, Nancy Cook, Marian Schulte, Jane Frost, Carl Christoph, Josephine Hobson, Jolia Hill, Kevin Hammer, Andy Schulist.

**MEMBERS ABSENT:** Chuck Collins, April Yerge, Jeanne Atkinson

**GUESTS:** Jenia Thompson (Mercy High School student) thompsonj@mhsmi.org

|          | <b>AGENDA ITEM</b>  | <b>DISCUSSION SUMMARY/PERTINENT INFO</b>  | <b>FORMAL MOTIONS:</b>  |
|----------|---|---|---|
| <b>1</b> | <b>APPROVAL OF AGENDA</b>   |   | Approved: C. Christoph motioned to approve<br>Seconded: J. Hobson<br>Agenda approved.   |
| <b>2</b> | <b>APPROVAL OF MINUTES</b>  | From September 27, 2016 meeting   | Approved: C. Christoph motioned to approve<br>Seconded: J. Hill<br>June Minutes approved, but correct date of September meeting in the minutes. |
| <b>3</b> | <b>AGENDA ITEM:</b><br>Communications, Promotions, Website (Cook) | <ul style="list-style-type: none"> <li>• Plans for this year &amp; work completed over the summer.                             <ul style="list-style-type: none"> <li>○ Keep website updated.</li> </ul> </li> <li>• Identity theft seminar fliers distributed and posted, and reported on the Farmington Voice.</li> </ul> |   |

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|---|--|---|-----------------|
| 4 | <b>AGENDA ITEM:</b><br>What Do Residents Over 50 Want and Need?<br>(Hammer)      | <ul style="list-style-type: none"> <li>• Plans for this year &amp; work completed over the summer.               <ul style="list-style-type: none"> <li>○ Polypharmaceutical (multiple drugs) / drug mis-use by seniors                   <ul style="list-style-type: none"> <li>▪ Committee wants to sponsor a seminar on this topic. Lisa Kaplan of Maple Grove West Bloomfield campus, gives presentations on this topic, and she will come to a sub-committee meeting to discuss options for a seminar / program we can offer to our community.</li> </ul> </li> <li>○ Jobs for seniors                   <ul style="list-style-type: none"> <li>▪ An organization in Ohio provides a service with jobs for seniors. Is there an organization in Farmington / Farmington that would be interested in starting a service like this.</li> </ul> </li> <li>○ Elder Abuse                   <ul style="list-style-type: none"> <li>▪ There's only one shelter in Oakland County that is set up for elders who have been abused. Explore possible speakers.</li> </ul> </li> </ul> </li> <li>• Next Sub Committee meeting will be at 2:30 on 11/16, or 11/17 at Panera's in Farmington.</li> </ul> |                 |
| 5 | <b>AGENDA ITEM:</b><br>Senior Scam & Consumer Protection Committee<br>(Atkinson) | <ul style="list-style-type: none"> <li>• Plans for this year &amp; work completed over the summer.               <ul style="list-style-type: none"> <li>○ Present 2 programs at the Costick Center this year on consumer protection.</li> <li>○ The second seminar of the year was on Identity Theft, presented 10/25. It was attended by ~35 people, and a handout was provided.                   <ul style="list-style-type: none"> <li>▪ Post handout on the website.</li> </ul> </li> <li>○ Another presentation will be planned for the Spring, but the same group at the Attorney General.</li> </ul> </li> </ul>  |                 |
| 6 | <b>CITY COUNCILS REPORTS</b><br>(Christoph)                                      | <ul style="list-style-type: none"> <li>• Applied for permission to talk at the Council meetings. C. Christoph is working on scheduling the date for the presentations at each Council.</li> </ul>   |                 |
| 7 | <b>AGENDA ITEM:</b><br>Resource Directory<br>(Hammer)                            | <ul style="list-style-type: none"> <li>• Hard copy of directory was published.</li> <li>• K. Hammer is working to post directory on the website.</li> <li>• This sub-committee will be suspended until Fall 2017.</li> </ul>  |                 |

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| <b>8</b>  | <b>AGENDA ITEM:</b><br>Community for a Lifetime<br>(Frost)            | <ul style="list-style-type: none"> <li>• M. Koet attended an Oakland County meeting on creating age-friendly communities, including leader for Community for a Lifetime.</li> <li>• Auburn Hills just went through the CFL process. They divided up the questions to narrow focus by topic and included appropriate community leaders. This supported gathering information but also promoted buy-in. <ul style="list-style-type: none"> <li>○ This could be a good approach for Farmington / Farmington Hills to follow. This sub-committee could work to organize the questions and develop a preliminary plan and schedule.</li> <li>○ This can help us stay current.</li> </ul> </li> </ul> |                        |
| <b>9</b>  | <b>AGENDA ITEM:</b><br>Volunteer Recognition Reception<br>(Christoph) | <ul style="list-style-type: none"> <li>• Suspended – no discussion. Resume January 2017.</li> </ul>   |                        |
| <b>10</b> | <b>AGENDA ITEM:</b><br>Senior Division Liaison Report (Koet)          | <ul style="list-style-type: none"> <li>• Stars &amp; Stripes luncheon for 11/11 at Costick Center.</li> <li>• Community Thanksgiving Dinner is on 11/9 at Costick Center, from 4-7pm. Serve 500 meals.</li> </ul>   |                        |
| <b>11</b> | <b>OLD BUSINESS</b>   | <ul style="list-style-type: none"> <li>• My Neighbor Phil showing at Costick Center on 11/3 at 1pm <ul style="list-style-type: none"> <li>○ Memory screening is that morning.</li> </ul> </li> <li>• Status on Commission Guidelines (from Councils – no update.</li> </ul>   |                        |

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| 12 | NEW BUSINESS | <ul style="list-style-type: none"> <li>• Dr. Lichtenberg, a former COA presenter on the topic of Financial Exploitation, has published a book on this. He has also published a book on grieving. Consider bringing him back for another session. Commission has a small budget that could be used for sponsoring a luncheon. J. Frost to reach out to see if he would be willing to come back for another presentation.</li> <li>• Bring in Business &amp; Economic Development Directors (Kevin Christianson, Farmington; Khalfani Stephens, Farmington Hills) to discuss city development. <ul style="list-style-type: none"> <li>○ Align with Community for a Lifetime community evaluation to get a broader perspective of community needs, and work with other Commissions / Departments (e.g. Police Dept., Children, Youth &amp; Families Commission, etc.) before we bring in the speakers.</li> </ul> </li> <li>• Area Agency on Aging 1B Advisory Board did a study on drug education / prevention and abuse prevention.</li> <li>• There only 2 rehab facilities in the US geared toward elder drug abuse (one is in Chelsea, MI).</li> <li>• There's a proposal going before the state legislature about doctors reporting on prescriptions they are writing, and a supporting IT system.</li> <li>• Next meeting 11/22/16 (last meeting of the year). <ul style="list-style-type: none"> <li>○ 5:30 @ Costick</li> </ul> </li> </ul> |                 |

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| 13 | AMBASSADOR REPORTS  | <p><b><u>Children, Youth &amp; Families (J. Hobson)</u></b></p> <ul style="list-style-type: none"> <li>• The Commission helped sponsor a showing of ‘The Ride of the Tiger’ movie about mental illness, followed by a panel discussion. Very well attended.</li> <li>• There’s a Spotlight show featuring the Oakland County Water Commission.</li> </ul> <p><b><u>Parks &amp; Rec (C. Christoph)</u></b></p> <ul style="list-style-type: none"> <li>• Golf course is up several thousand rounds from the previous year, and they are still open. <ul style="list-style-type: none"> <li>○ The restaurant vender is considering if they will continue next year.</li> </ul> </li> </ul> <p><b><u>AAA 1 B Caregivers Expo</u></b></p> <ul style="list-style-type: none"> <li>○ Close to 1,000 people attended.</li> <li>○ Senior Division hosts a table there.</li> </ul> |   |
| 15 | PUBLIC COMMENT      | Jenia thanked the Commission for their hospitality.  |   |
| 16 | ADJOURNMENT         | Meeting adjourned at 6:53 pm   | Move to Adjourn: C. Christoph<br>Seconded: M. Schulte |
| 17 | MINUTES PREPARED BY | C. Christoph   |   |