

Meeting Minutes -
COMMISSION ON COMMUNITY HEALTH
June 17, 2026, 6:30 P.M.
FARMINGTON HILLS CITY HALL
31555 ELEVEN MILE
FARMINGTON HILLS, MI 48336
(248) 473-1800 www.fhgov.com

APPROVED

Call Meeting to Order and Roll Call: Jessica called the meeting to order at 6:35 PM. Each member shared their name and introduced themselves to the group.

Members Present: Eunice Jeffries, Jessica Schefman, Kelsey Russom, Yvette Stines, Erica Blaskay, Abby Morris, Ikramuddin Khan

Members Absent: Victor Gardener, Kimberlea Dungy, Sarah Adair, Farah Khan, Molly David, Janay Hill, Sylvia "Nsombi" White, Leon Small

Others Present: Charlie Starkman, Teresa Jergovich-Etzin

Approval of Minutes – 04/15/2026 & 5/17/26: Ikram brought a motion to approve both minutes; Kelsey seconded the motion. The motion passed unopposed.

Approval of Agenda: Jessica moved to approve the agenda, which was seconded by Ikram. The motion passed unopposed.

"Are You Okay" Lecture Series Update:

- **Debrief:** Review of June 6, 2026; Dr. Singh, Hypertension. The physician had spent a lot of time preparing but was disappointed by the turnout. The Commission will need to refocus on marketing. Ikram believes that resource avenues have been fully implemented, including social media, senior residences, and religious organizations. Eunice suggested requesting support from Farmington/Farmington Hills to cross-promote with the other commissions; email information to liaisons and submit reminders. Eunice suggested inviting special guests, i.e., the Mayor, to the events. Other avenues could include continuing to follow up with members who have applied for commission appointments; send them information as well; gather information from the attendees and email them the next flyer; Advertise for free giveaway to attend; Advertise for coffee, refreshments, etc. May need to anticipate backup speakers. Can the commission seek partnership with local practitioners to speak and have their office do internal promotion?

- 2027 planning: Kelsey proposed synchronous webinar; no registration. Reminders for people who sign up?
- September 19, 2026, lecture on low back pain by Dr. Sayeed Khan;
- Update on Be Your Own Cheerleader; Farmington Hills walking group, looking at participation on August 17th. Commission has had concerns about July weather - commission is pursuing a partnership for BYOC. Commission could provide water for walkers.

Social Media Outreach Strategy

- Status update on community engagement within local Facebook groups:
 - All Things Farmington
 - Farmington/Farmington Hills
 - Fun in Farmington

Issues were discussed simultaneously with the above agenda item; See “Are You Okay” notes. Suggestions proposed for the we move to where the audience is; book a high school room and host the meeting on their turf. For subjects relevant to them. And senior residences as locations for topics relevant to that demographic.

Ikram brought a motion to have the September Lecture at the ROSE facility, if they approve the date and time. Discussion: Concerns if Rose allows the public to attend; that cutting out the public undercuts the commission’s goals, despite educating and providing access to information to the public. Second, by Kelsey. The Motion passes.

Eunice moved to approve financial expenditure on promotion for advertisement of future lecture series in the amount of \$250.00. Jessica seconded. Motion passes unopposed.

Member Comments/Announcements: None

Next Meeting: The next commission meeting will be held **September 16, 2026**, at 6:30 PM.

Adjournment: Ikram adjourned the meeting at 7:40 PM.