

## **COSTICK CAFE DINE-IN MEAL PROGRAM**

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday January 5 you need to reserve by Friday, January 2 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

**All meals must be reserved in advance.**

### **Reserve your meal by calling 248-473-1830.**

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.

#### **Procedure upon arriving at the Costick Center:**

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **No lunch on January 19**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

## COSTICK DINE-IN MEAL PROGRAM

# January 2026 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lunch will be served in Shannon Hall.		Highlighted dates, lunch will be served in Casey.		<b>1</b>  <b>Center Closed</b>	<b>2</b> Spanish Cheese Omelet, Malibu Blend Vegetables, Hashbrown Potatoes, Apple	<b>3</b>
<b>4</b>	<b>5</b> Chicken Breaded Cutlet, Mashed Potatoes, Gravy, Prince Charles Vegetables, Apple	<b>6</b> Chicken Meatballs, Penne with Maria-na Sauce, Sicilian Vegetable Blend, Banana	<b>7</b> Pork Chop, Potatoes Au Gratin, Normandy Blend Vegetables, Pear	<b>8</b> Salisbury Steak/Gravy, Roasted Potatoes, Orange Ginger Carrots, Cutie Orange	<b>9</b> Meat Lasagna, Capri Blend Vegetables, Garden Salad, Banana	<b>10</b>
<b>11</b>	<b>12</b> BBQ Pork Sandwich, Roasted Red Skins, California Blend Vegetables, Tangerine	<b>13</b> Haddock, Roasted Butternut Squash, Malibu Blend Vegetables, Applesauce	<b>14</b> Beef Tacos, Mexican Rice, Refried Beans, Shredded Lettuce/Tomatoes, Tortilla	<b>15</b> Chicken Alfredo Lasagna, Riviera Vegetable Blend, Caesar Salad, Orange	<b>16</b> German Beef Stroganoff, Cavatappi Pasta, Scandinavian Blend Vegetables, Pear	<b>17</b>
<b>18</b>	<b>19</b> <b>Martin Luther King Day</b> <b>Center Closed</b>	<b>20</b> Artesian Mac & Cheese, Stewed Tomatoes, Vegetable Blend, Banana	<b>21</b> Turkey Breast, Mashed Potatoes, Venetian Vegetable Blend, Tropical Fruit	<b>22</b> Chicken Vegetable Stew w/Mixed vegetables, Baked Sliced Apples, Garden Salad	<b>23</b> Crispy Fish Sandwich, Roasted Sweet Potatoes, Spinach, Tangerine	<b>24</b>
<b>25</b>	<b>26</b> Stuffed Peppers, Whipped Potatoes, Capri Vegetable Blend, Tropical Fruit Cup	<b>27</b> General Tso Chicken, Vegetable Fried Rice, Asian Vegetable Blend, Cutie Orange, Fortune Cookie	<b>28</b> Pub Burger w/ Cheese, Potatoes with Peppers & Onions, Northwest Blend Vegetables, Pear	<b>29</b> Cheese Manicotti Marinara, Italian Green Beans, Garden Salad, Orange	<b>30</b> Cabbage Rolls, Mashed Potatoes, Normandy Blend Vegetables, Apple	

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