



FOR IMMEDIATE RELEASE

Media Contact:

Lauracindy Plague Dávila
Communications Manager
lplaguedavila@fhgov.com
248-871-2509 (office)

City of Farmington Hills Adults 50 & Better Division Receives Grant from Farmington & Farmington Hills Foundation for Youth & Families

The grant funds will support the Telling Room Project for older adults this fall, which will guide participants to transform their life stories into works of multi-media art

FARMINGTON HILLS, Mich. (June 21, 2024) — The City of Farmington Hills Special Services Department Adults 50 & Better Division is pleased to announce its selection to receive a \$500 grant from the Farmington & Farmington Hills Foundation for Youth & Families that will support funding for a new program, the Telling Room Project, this fall. The Telling Room Project is a series of workshops that will guide adult ages 50 and up through discovery of their life story, and transform it into multi-media dancework, accompanied by music, images, text and more.

“We’re honored that the Farmington & Farmington Hills Foundation for Youth & Families chose to support this unique program that will inspire creativity in our community,” said Marsha Koet, senior adult program supervisor for the City’s Adults 50 & Better Division. “This immersive exploration of storytelling through dance will enhance the offerings at the Costick Activities Center and allow participants to tap into their identity to preserve their legacy.”

In partnership with the Detroit Dance Collective, participants will explore the power of words, images, and movement to capture their life story and memories. During the workshops, participants will transform their storytelling moments into gestures, movement phrases, and language to be shaped into a multi-media dancework, bringing to life their personal narratives. This tapestry of dance, music, text, and image will be shared through a performance for the public, families, and friends at Costick Activities Center this fall.

The Telling Room Project workshops will meet 10 a.m. to 12 p.m. on Mondays from Sept. 9 through Oct. 28 at the Costick Activities Center, located at 28600 Eleven Mile Road. The program is open to participants of all physical abilities, including people needing an assistive device for mobility. The grant funding will allow the program to be offered at a discounted rate of \$65 for residents of Farmington Hills and Farmington and \$75 for non-residents.

The Farmington Hills Department of Special Services Adults 50 & Better Division offers enriching events and opportunities for adult ages 50 and older at the Costick Activities Center, including social, recreational and cultural activities, events and services. Daily events are held at the Costick Activities Center from 9 a.m. to 4 p.m. Monday through Friday, with scheduled evening and weekend programs. All participants must have a current Costick Activities Center membership to participate in programs. Membership is free for residents of Farmington Hills and Farmington, and \$20 per year for non-residents. A full list of programs and activities is included in the Costick Activities Center monthly newsletter “[The Messenger](#),” and in the City’s seasonal [Activities Guide](#).

For further details and to register for events or classes, call 248-473-1830 or visit the Costick Activities Center.

###

About the City of Farmington Hills

The City of Farmington Hills is a place where everyone is welcome. Founded in 1973, it is one of the largest and most diverse communities in Oakland County. Farmington Hills is home to more than 83,000 residents who speak more than 60 languages, and more than 75 Fortune 500 businesses, including multinational corporations like Nissan and Bosch. The City is known for its extensive amenities, including its 600 acres of parks, 90 athletic fields, six miles of hiking and walking trails, the Farmington Hills Golf Club, and an Ice Arena. Farmington Hills is also home to The Hawk, an award-winning, 245,000-square-foot recreation and performance venue, which includes The Hawk Theatre and The Hawk Makerspace. For more information, visit www.fhgov.com.

31555 West Eleven Mile Road • Farmington Hills, MI 48336 • 248.871.2500 Phone • 248.871.2501 Fax
Follow the City on [Facebook](#) • Subscribe to the [eNews](#) • Sign Up for [FH ALERTS](#)