

## **COSTICK CAFE DINE-IN MEAL PROGRAM**

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday October 6, you need to reserve by Friday, October 3 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

**All meals must be reserved in advance.**

### **Reserve your meal by calling 248-473-1830.**

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.

#### **Procedure upon arriving at the Costick Center:**

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **No lunch on October 22.**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

## COSTICK DINE-IN MEAL PROGRAM

# October 2025 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lunch will be served in Shannon Hall.		Highlighted dates, lunch will be served in Casey.	1 Swedish Meatballs with Pasta, Scandinavian Blend Vegetables, Spinach Salad, Mandarin Orange	2 Lemon Pepper Tilapia, Wild & Brown Ride, European Vegetable Blend, Applesauce	3 Country Fried Steak, Whipped Potatoes, Green beans, Pear	4
5	6 Shredded Beef Barbeque, Au Gratin Potatoes, Nantucket Vegetable Blend, Tropical Fruit Cup	7 Artisan Mac & Cheese, Tomatoes, Spinach Salad, Royal Red Nectarine	8 Chicken Cacciatore, Roasted Potatoes, Italian Blend Vegetables, Caesar Salad, Pear	9 Stuffed Pepper, Mashed Potatoes, Capri Vegetable Blend, Apple	10 Roasted Vegetable Lasagna, California Blend Vegetables, Pear	11
12	13 Italian Cheese Manicotti, 2 Chicken Meatballs, Sicilian Blend Vegetables, Garden Salad, Honey Crisp Apple	14 Beef Stroganoff, Mashed Potatoes, Capril Blend Vegetables, Pear	15 Haddock, Basmati Rice, Venetian Blend Vegetables, Coleslaw, Banana	16 Beef Frank, California Vegetable Blend, Potato Salad, Hot Cinnamon Apples	17 Chicken Leg, Mac & Cheese, Green Beans, Garden Salad, Tangerine	18
19	20 Chili Lime Tilapia, Rice Pilaf, Northwest Vegetable Blend, Apple	21 Beef Pepper Steak, Vegetable Fried Rice, Oriental Vegetable Blend, Mandarin Orange	22 No lunch service today	23 Chicken Enchilada, Fiesta Black Beans, Spanish Rice, Pear	24 Turkey Burger w/ Swiss Cheese, Oven Fried Potatoes, Carrots, Nectarine	25
26	27 Stuffed Cabbage, Mashed Potato, Scandinavian Vegetable Blend, Fresh Pear	28 Chicken Marsala, Cavatappi Pasta, Broccoli, Banana	29 Salisbury Steak, Au Gratin Potatoes, Green beans, Apple	30 Chicken Sandwich, Vegetarian Baked beans, Capri Blend Vegetables, Coleslaw, Orange	31 Beer Battered Cod, Sweet Potato Mash, Key West Vegetable Blend, Tropical Fruit Cup	

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