

APPROVED  
MEETING MINUTES  
COMMUNITY HEALTH COMMITTEE  
September 20, 2018 7:00PM  
FARMINGTON HILLS CITY HALL – VIEWPOINT ROOM

CALLED TO ORDER BY: Andrea Anderson at 7:09 PM, Support by Ed Nieshoff

MEMBERS PRESENT:., Andrea Anderson, Joshua Erdei, Teresa Jergovich, Renee Murphy, Ed Nieshoff, Samantha Stecklof

MEMBERS ABSENT:., Eunice Jeffries, Julia Mantey

OTHERS PRESENT:., Dawn Kopaz, Cheryl Patel, Mary Newlin

APPROVAL OF MINUTES:

- Motion to approve August 2018 Community Health Commission meeting minutes by Ed Nieshoff, Support by Joshua Erdei, motion carried unanimously.

APPROVAL OF AGENDA:

- Motion by Joshua Erdei, Support by Andrea Anderson, to approve the agenda, motion carried unanimously.

PUBLIC COMMENT:

- Mary Newlin, RN, introduced herself to the commission. Mary's application was received by the mayor's office and is currently pending. Mary's interests include community health.
- Dawn Kopaz, Farmington Hills Resident and Healthcare Strategy Manager at General Motors introduced herself to the commission. Dawn was visiting tonight's meeting to meet the committee and learn more. Dawn's passions include healthcare quality and value.

SHORT /LONG TERM GOALS:

- Commission continued previous discussion on ideas for an introductory event, which will include a health survey, seeking public input on the commissions goals/objectives at the Fire Department's September open house.
  - Ed Nieshoff proposed adding Substance Abuse (focused on opioids and vaping) to the DRAFT survey, which included Mental Health, Diabetes, Obesity, Cardiovascular. Ed also encouraged the commission to query "sugar" more directly
  - Joshua Erdei proposed the commission consider surveying on a broader definition

of “health”, utilizing the Gallup 5 Dimensions of Health (Wellbeing), including social health (e.g. loneliness), financial health (e.g. budgeting, debt elimination, savings, etc.), emotional, physical and career health

- Commission was encouraged to staff the booth at the Fire Department’s Open House to assist with survey distribution and interviewing on Sunday, September 30, 2018
- Commission discussed ideas for soliciting new members to fill the Commission roster and learned the commission will have three elected officers in addition to a staff liaison appointed treasurer

#### MEMBER COMMENTS /ANNOUNCEMENTS:

- Teresa Jergovich shared with the commission a number of community events, from a wellness fair to clothing drive, seeking the commissions assistance in publicizing the events

#### NEXT MEETING DATE:

- Wednesday, October 17, 2018

#### ADJOURNMENT:

- The meeting adjourned at 7:59 PM

Minutes drafted by: Joshua Erdei