

Meeting Minutes -
COMMISSION ON COMMUNITY HEALTH
January 21, 2026, 6:30 P.M.
FARMINGTON HILLS CITY HALL- COUNCIL CHAMBERS
31555 ELEVEN MILE
FARMINGTON HILLS, MI 48336
(248) 473-1800 www.fhgov.com

APPROVED

Call Meeting to Order and Roll Call: Jessica called the meeting to order at 6:33 PM. Each member shared their name and introduced themselves to the group.

Members Present: Jessica Schefman, Janay Hill, Erica Blaskay, Victor Gardener, Ikramuddin Khan, Farah Khan, Eunice Jeffries

Members Absent: Kimberly Dungy, Molly David, Yvette Stines, Sarah Adair, Kelsey Russom, Leon Smalls, Sylvia White,

Others Present: Teresa Jergovich-Etzin, Charles (Charlie) Starkman, Rumaysa Khan

Approval of Minutes – 11/19/2025: Motion to approve the minutes was brought by Victor and supported by Farah; the motion was passed without opposition.

Approval of Agenda: Jessica moved to amend the agenda for Item 12 - Next meeting is February 18th, Victor supported the motion. None opposed. The motion passed without opposition. Jessica brought a motion to approve the amended agenda, and Farah supported. None opposed. The motion passed without opposition.

PSA Announcements: Suggestions include National Heart Association Month; January Maternal Health Awareness Month - prenatal care; February National Eating Disorder Awareness Month; and Seasonal Affective Disorder. Victor would like to request to post articles to the commission website; contact information was provided.

2026 Projects/Programs: Further consideration for bike rides is needed to determine if it will be included in the 2026 programming. Farmer's Market for May, per usual; the commission will have to get on the books in March. Open House in October. "Are You Okay" Series discussed.

"Are You Okay" Series: Lineup- Monthly to Start, Saturday mornings, 90-minute block; Victor to be first speaker for April on Teen Mental Health. The commission will continue on the First Saturday of the Month through the summer session, starting at 10 am. Jessica moved to approve "Are You Okay" starting April 4th, for the first Saturday of each month through 2026. Victor supports; no opposition; the motion passes. July 4th will be closed for the holiday. Teresa will schedule for the Costick Center.

Debrief on CARES: Several commission members participated in a volunteer day in December. Jessica spoke of the volume of families that are supported by CARES.

Debrief on Goodfellows Delivery Day: No comment

Self Defense Training: Still in progress; hoping for scheduling in 2026.

Member Comments/Announcements: Teresa offered a reminder that Oakland County Mental Health is looking for board members to apply.

Eunice brought flyers for OCC community outreach programs.

Next Meeting: The next commission meeting will be held on **February 18, 2026**, at 6:30 PM.

Adjournment: Jessica moved to adjourn the meeting, with Victor supporting the motion. The meeting was adjourned at 7:07 PM.