

## **COSTICK CAFE DINE-IN MEAL PROGRAM**

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday February 9 you need to reserve by Friday, February 6 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

**All meals must be reserved in advance.**

### **Reserve your meal by calling 248-473-1830.**

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.

#### **Procedure upon arriving at the Costick Center:**

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **No lunch on February 13 & 16.**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

# COSTICK DINE-IN MEAL PROGRAM

# February 2026 Menu

<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
<b>1</b>	<b>2</b> Garlic Ginger Beef Stir Fry, Asian Vegetable Blend, Brown Rice, Fruit Cup	<b>3</b> Mediterranean Seasoned Chicken Breast, Vegetable Blend, Pineapple	<b>4</b> Chilli Lime Tilapia, Scalloped Potatoes, Northwest Blend Vegetables, Pear	<b>5</b> Chicken Drumstick, Roasted Red Skins, Broccoli, Applesauce cup	<b>6</b> Italian Sausage, Peppers/Onions, Ginger Carrots, Orange	<b>7</b>
<b>8</b>	<b>9</b> Salisbury Steak & Gravy, Mashed Potatoes, Carrots, Tangerine	<b>10</b> Chicken Tortilla Bake, Mexican Corn, Roasted Brussel Sprouts, Garden Salad, Apple	<b>11</b> Sloppy Joe, Roasted Sweet Potatoes, Vegetable Blend, Super Slaw, Banana	<b>12</b> Vegetable Lasagna, Stewed Tomatoes, Caesar Salad, Pear	<b>13</b> No lunch Service	<b>14</b> 
<b>15</b>	<b>16</b> Presidents Day Center Closed	<b>17</b> Stuffed Pepper, Mashed Potatoes, Prince Charles Vegetable Blend, Orange	<b>18</b> Cod Fish Sandwich, Cheesy Potatoes, Maui Vegetable Blend, Coleslaw, Banana	<b>19</b> Chicken Fajita, Peppers & Onions, Black Beans & Rice, Zucchini/Yellow Squash, Apple	<b>20</b> Artesian Mac & Cheese, Green Beans, Stewed Tomatoes, Pear	<b>21</b>
<b>22</b>	<b>23</b> Chicken Cutlet, Roasted Potatoes, Vegetable Blend, Applesauce Cup	<b>24</b> Chinese Teriyaki Chicken, White Rice, Oriental Vegetable Blend, Orange	<b>25</b> Meat Lasagna, Winter Blend Vegetables, Tropical Fruit Cup, Garden Salad	<b>26</b> Parmesan Crusted Salmon, Brown & Wild Rice, Venetian Blend Vegetables, Red Grapes	<b>27</b> Cheese Stuffed Shells with Marinara & Mozzarella, Italian Green Beans, Garden Salad, Pear	<b>28</b>
				Lunch will be served in Shannon Hall.		

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