

## **COSTICK CAFE DINE-IN MEAL PROGRAM**

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday

February 9 you need to reserve by Friday, February 6 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

**All meals must be reserved in advance.**

### **Reserve your meal by calling 248-473-1830.**

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.

#### **Procedure upon arriving at the Costick Center:**

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **No lunch on February 13 & 16.**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

## COSTICK DINE-IN MEAL PROGRAM

# February 2026 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Garlic Ginger Beef Stir Fry, Asian Vegetable Blend, Brown Rice, Fruit Cup	3 Mediterranean Seasoned Chicken Breast, Vegetable Blend, Pineapple	4 Chilli Lime Tilapia, Scalloped Potatoes, Northwest Blend Vegetables, Pear	5 Chicken Drumstick, Roasted Red Skins, Broccoli, Applesauce cup	6 Italian Sausage, Peppers/Onions, Ginger Carrots, Orange	7
8	9 Salisbury Steak & Gravy, Mashed Potatoes, Carrots, Tangerine	10 Chicken Tortilla Bake, Mexican Corn, Roasted Brussel Sprouts, Garden Salad, Apple	11 Sloppy Joe, Roasted Sweet Potatoes, Vegetable Blend, Super Slaw, Banana	12 Vegetable Lasagna, Stewed Tomatoes, Caesar Salad, Pear	13 No lunch Service	14 
15	16 Presidents Day  Center Closed	17 Stuffed Pepper, Mashed Potatoes, Prince Charles Vegetable Blend, Orange	18 Cod Fish Sandwich, Cheesy Potatoes, Maui Vegetable Blend, Coleslaw, Banana	19 Chicken Fajita, Peppers & Onions, Black Beans & Rice, Zucchini/Yellow Squash, Apple	20 Artesian Mac & Cheese, Green Beans, Stewed Tomatoes, Pear	21
22	23 Chicken Cutlet, Roasted Potatoes, Vegetable Blend, Applesauce Cup	24 Chinese Teriyaki Chicken, White Rice, Oriental Vegetable Blend, Orange	25 Meat Lasagna, Winter Blend Vegetables, Tropical Fruit Cup, Garden Salad	26 Parmesan Crusted Salmon, Brown & Wild Rice, Venetian Blend Vegetables, Red Grapes	27 Cheese Stuffed Shells with Marinara & Mozzarella, Italian Green Beans, Garden Salad, Pear	28
	Highlighted dates, lunch will be served in Casey.		Lunch will be served in Shannon Hall.			

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