

COSTICK CAFE DINE-IN MEAL PROGRAM

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday

March 9 you need to reserve by Friday, March 6 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

All meals must be reserved in advance.

Reserve your meal by calling 248-473-1830.

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.

Procedure upon arriving at the Costick Center:

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **No lunch on March 17.**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

COSTICK DINE-IN MEAL PROGRAM

March 2026 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 General Tsao Chicken, Vegetable Fried Rice, Asian Vegetable Blend, Orange, Fortune Cookie	3 Pasta Marinara Sauce with Meatballs, Italian Blended Vegetables, Garden Salad, Apple	4 Spanish Cheese Omelet, Hash Browns, Maui Vegetable Blend, Strawberry Yogurt Parfait	5 Seasoned Pork Chop, Roasted Red Skin Potato, Northwest Vegetable Blend, Applesauce Cup	6 Chili/Lime/Tortilla Tilapia. Far West Vegetables, Basmati Rice, Tangerine	7
8	9 Chicken Marsala, Cavatappi Pasta, Italian Blend Vegetables, Pear	10 Parmesan Tilapia, Vegetable Rice Pilaf, Spinach, Super Slaw, Apple	11 Pub Burger with Cheese, Vegetarian Baked Beans, Capri Blend Vegetables, Grapes	12 Seasoned Chicken Breast, Corn Bake, Winter Blend Vegetables, Cupped Peaches	13 Artesian Mac & Cheese, Stewed Tomatoes, Spinach Salad, Tropical Fruit Cup	14
15	16 Stuffed Cabbage, Whipped Potatoes, Midori Vegetables, Pear	17 No lunch Service today	18 Beef Taco with Peppers, Onions, Tomatoes, Refried Black Beans, Mexican Rice, Orange	19 Orange Ginger Chicken, Basmati Rice, Winter Blend Vegetables, Pineapple with Cherries	20 Fish Sandwich, Roasted Sweet Potatoes, Roasted Brussel Sprouts, Tangerine	21
22	23 Chicken Fried Steak, Mashed Potatoes, Riviera Blend Vegetables, Apple	24 Parmesan Salmon, Basmati Rice, Nantucket Vegetables Blend, Apricots	25 Seasoned Chicken Breast, Scalloped Potatoes, Northwest Blend Vegetables, Banana	26 Salisbury Steak, Mashed Potatoes, Caribbean Vegetable Blend, White Rabbit Salad	27 Roasted Vegetable Lasagna, Prince Charles Vegetable Blend, Ceaser Salad, Orange	28
29	30 Asian Beef Pepper Steak, Rice, Oriental Blend Vegetables, Tangerine	31 Barbeque Chicken, Corn Bake, Vegetarian Baked Beans, Pear	Lunch will be served in Shannon Hall.	Highlighted dates, lunch will be served in Casey.		

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